

A Lifestyle Tip From ECI REC

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Fire Prevention Week Is Oct. 6-12

The kitchen is often the hub of activity for families, but it can be a dangerous place if adults leave cooking unattended. That's why preventing kitchen fires is the focus of this year's Fire Prevention Week, October 6-12.

According to the National Fire Prevention Association, which organizes this safety campaign, cooking equipment is involved in roughly 150,000 home fires per year. Here are a few tips and reminders for keeping your home safe. More resources for families and teachers can be found at fpw.org.

- ✓ Establish a children and pet-free zone of at least 3 feet from the stove when cooking is in process.
- ✓ Things that can burn—dish towels, curtains, paper—should be kept at least 3 feet from the stove.
- ✓ If you leave the kitchen, even for just a short period of time, make sure you turn off the stove.
- ✓ Open containers slowly after they are removed from the microwave—the hot steam can cause burns.
- ✓ Keep the fire department's emergency phone number near the stove.

**FIRE
PREVENTION
WEEK 2013**

OCTOBER 6-12

**PREVENT
KITCHEN
FIRES** 

GO TO **FPW.ORG**
AND **GET COOKIN'**
WITH FIRE SAFETY!